

YEAR:

Kindness Calendar

DECEMBER

				1 GIVE LOTS OF HUGS	2 LET SOMEONE AHEAD OF YOU IN LINE	3 PAY IT FORWARD
4 HOLD THE DOOR	5 GIVE YOUR UNDIVIDED ATTENTION	6 MAKE A CHARITABLE DONATION	7 SMILE!	8 INSPIRE OTHERS TO SMILE	9 LEAVE LITTLE NOTES	10 REHOME SOME BOOKS
11 LEAVE MONEY LYING AROUND	12 GIFT YOURSELF KINDNESS	13 RE-CONNECT WITH AN OLD FRIEND	14 BE A TRAFFIC ANGEL	15 SEND A GRATITUDE NOTE	16 ACKNOWLEDGE AND THANK ALL WHO SERVE YOU	17 SHARE YOUR HEART SAY I LOVE YOU
18 SUPPORT YOUR LOCAL ANIMAL SHELTER	19 LEND A HELPING HAND	20 PICK UP LITTER	21 HANG A, "TAKE WHAT YOU NEED," SIGN	22 GIVE COMPLIMENTS	23 DONATE MEALS	24 GIFT A HOMEMADE TREAT
25 ALLOW YOURSELF MINDFUL MOMENTS	26 LEAVE SOMETHING FOR YOUR MAIL CARRIER	27 GIVE FLOWERS	28 LISTEN MORE TALK LESS	29 BE HONEST WITH YOURSELF	30 MAKE AND SCATTER KINDNESS ROCKS	31 MAKE SPACE TO REFLECT

Notes _____

"No act of kindness, no matter how small, is ever wasted."
- Aesop

